Court Infant and Alutery School

Year group: Year 2

Area/topic: PSHE [Changing me] Summer 2

(objectives from NC/ELG/Development matters)

Before starting this theme, make sure that the RSHE letter has been sent home to parents/carers -see JB].

- -I am starting to understand the life cycles of humans and animals.
- -I can identify the parts of the body that make boys different to girls.
- -I understand that some of my body parts are private.

Prior learning

I am starting to understand the life cycles of animals and humans. I know that my body will change as I get older and that this change is ok. I know that everyone grows and changes at different rates. I can talk about some things about me that have changed and some things that have stayed the same. I can identify the parts of the body that make boys different to girls [penis, testicles, vagina, vulva, anus]. I respect my body and know which parts are private. I know that as I learn i will change as my body continues to develop and change. I can talk about changes that have happened in my life and changes that will happen soon [going to Year 2]. I can talk about who I can talk to if I am worried about

Future learning

I can recognise life cycles in nature. I recognise that there are changes that are outside my control and recognise how I feel about this. I can describe the process of growing young to old and recognise that this is outside of my control. I can talk about people who I respect who are older than me. I can talk about how I and my body have changed since I was a baby and recognise where I am on the continuum of developing young to old. I recognise that boys and girls bodies are different and that some parts of my body are private. I can talk about what I like/dislike about being a boy or girl. I can talk about appropriate/in appropriate touch and know which forms of physical contract I like/don't like. I know that as I grow I am becoming more

changes and can explain ways in whi	ch I
can help myself to cope with changes.	

independent and am proud of this in myself. I can talk about changes that will happen in my life and how they make me feel [moving to Junior School]. I know who I can talk to if I am worried or have questions about change and know some ways of helping myself cope with change.

What pupils need to know or do to be secure			
Key knowledge and skills	Possible evidence		
I know that my body changes as I grow.			
I can talk about some of the life cycles of different animals	Observing children when		
I can talk about which things about me have changed and which	faced with a challenge.		
things have stayed the same.			
I can talk about how my body has changed since I was a baby.	Observing children when		
I know that growing up is natural and that everybody develops at	they are given a partner		
different rates.	task.		
I can identify the parts of bodies that make girls different from			
boys [penis, vagina, testicles, vulva].	Talking to children about		
I know which parts of my body are private.	what might help them/how		
I know that each time I learn something new, I change a little bit.	they could help		
I can talk about some of the changes that have happened in my	themselves.		
life.			
I can talk about some ways that I find helpful to cope with	Role play/drama		
change.	Philosophy		
	rhilosophy		
Key vocabulary	During discussion		
Penis, vagina, anus, vulva, testicles	7		

Private parts Develop Life cycle related vocabulary		
Common misconceptions	Books linking to this area	
Children may think they can stop bodies from changing or that all bodies develop at the same rate.	"Once there were giants" Life Cycle information books relating to the life cycles being studied. Songs "Growing song" https://youtu.be/j DAnRVgzVks. "One more step" Circle of Life [Lots of different Disney songs about growing/changing].	
Memorable first hand experiences	Opportunities for communication	
Planning the Leavers Service and talking about memories of this school and looking forward to the next phase in their school life. Having a life cycle box [ladybirds, butterfly, hen eggs, seeds etc] and charting their growth.	 During discussion [whole class or small group] During "Philosophy" During drama When planning and working in teams Planning and working with a partner 	

Communication and Interaction

simplified steps songs/videos smaller groups using puppets

Cognition and Learning

social stories
real life experiences
drawing on their own experiences
visual prompt pictures/lists to help with
remembering tasks
talking tiles

Social, Emotional and Mental health

allowing time for thoughts/ideas
having an awareness of home life/experiences
specific to that child
a trusted adult to talk to
awareness of how other children may impact on
another child's ability to cope/contribute to a
group

Sensory and Physical

allow processing time
allow time for calming down if needed
allow ideas to be communicated through
videos/pictures rather than just spoken words or
writing.