



Dereham Church of England Infant and Nursery Academy

Long term plan: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Static Balance; Seated and Standing	Static Balance; Floor and Stance	Dynamic and Agility Balance	Coordination	Agility	Coordination and Balance
Reception	Cog: Personal	Cog: Social	Cog: Cognitive	Cog: Creative	Cog: Physical	Cog: Fitness
Year 1	Cog: Personal & Real Gym	Cog: Social & Real Gym	Cog: Cognitive & Dance	Cog: Creative	Cog: Physical	Cog: Fitness
Year 2	Cog: Personal & Real Gym	Cog: Social & Real Gym	Cog: Cognitive & Dance	Cog: Creative	Cog: Physical	Cog: Fitness