



Dereham Church of England Infant and Nursery Academy Long term plan: PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Outcome: New Starts School Value: Friendship Philosophical Question: What is a friend?	Outcome: Trusted Adults, Family, Community School Value: Trust Philosophical Question: Who do you trust?	Outcome: My Future School Value: Hope/ Courage Philosophical Question: What would you like to be when you are older?	Outcome: My Body (physical health) School Value: Peace Philosophical Question: What is peace?	Outcome: Feelings School Value: Love Philosophical Question: What/Who do you love?	Outcome: Mental Health/ Ourselves School Value: Happiness Philosophical Question: What/ Who makes you happy?

Reception	Outcome:	Outcome:	Outcome: My	Outcome:	Outcome:	Outcome:
·	New Starts	Trusted	Future,	Physical	Feelings,	Ourselves,
		Adults,	Resilience	Health	Emotions,	My Body
	School Value:	Families,			Mental Health	
	Friendship	Community,	School Value:	School Value:		School Value:
	·	Appreciation,	Hope /	Peace	School Value:	Happiness
	Philosophical	Comparing	Courage		Love	
	Question:			Philosophical		Philosophical
	What makes	School Value:	Philosophical	Question:	Philosophical	Question:
	a good	Trust	Question:	Why do we	Question:	What do you
	friend?		What does it	need sleep?	What makes	think the
		Philosophical	mean to be	·	you happy?	most
		Question:	brave?			important
		Why do				thing in the
		people tell				world is?
		lies?				

Year I	Outcome:	Outcome:	Outcome: My	Outcome:	Outcome:	Outcome:
	New Starts,	Appreciation,	future,	Physical	Families,	Ourselves,
	Rights to	Comparing,	resilience,	Health	Greetings,	My Body,
	Learn, Caring	Being Unique	outcomes,	Safety	Community	Growing,
	for Others,	and Yourself	challenges,			Changing
	Community		seeking help.	School Value:	School Value:	
		School Value:		Peace	Trust	School Value:
	School Value:	Love	School Value:			Happiness
	Friendship		Норе	Philosophical	Philosophical	and Courage
		Philosophical		Question:	Question:	
	Philosophical	Question:	Philosophical	What makes	What would	Philosophical
	Question: If	What makes	Question:	уои 'уои'?	be your	Question:
	you had 3	a good	Why do we		perfect day?	What does it
	wishes	leader?	help others?			mean to
	would you					grow up?
	use them for					
	yourself or					
	for others?					

Year 2	Outcome:	Outcome:	Outcome: My	Outcome:	Outcome:	Outcome: My
	New starts,	Appreciation,	future,	Physical	Families,	body,
	rights to	Comparing,	resilience,	Health,	greetings,	Growing,
	learn, caring	Being	challenges,	Safety,	community,	Changing
	for others,	Yourself,	seeking help,	Choices	acceptable	and
	community	Stereotypes	goals and		and	Development
			dreams	School Value:	unacceptable,	·
	School Value:	School Value:		Peace	different	School Value:
	Friendship	Love	School Value:		relationships	Happiness
	·		Hope and	Philosophical		
	Philosophical	Philosophical	Courage	Question:	School Value:	Philosophical
	Question:	Question: If		How can	Trust	Question: Is
	What does it	you have	Philosophical	feeling		change a
	mean to be	everything	Question: If	anxious	Philosophical	good or bad
	fair?	that you	you could	affect your	Question: Is	thing?
	What is a	want does	change one	day?	it better to	, and the second
	right?	that always	rule in the	What is	know the	
		make you	world, what	mental	truth even if	
		happy?	would it be?	health?	it might upset	
					you?	