



Year group: Year 2 - Summer 1

Area/topic: Physical

Coordination (Sending and receiving)

Agility (Reaction/Response)

Tennis

(objectives from NC/ELG/Development matters)

NC KSI:

Master basic movements including running, jumping, throwing and catching, as well as

developing balance, agility and co-ordination, and begin to apply these in a range of activities

| Prior learning | Future learning |
|--|--|
| Master basic movements including running, | Pupils should continue to apply and develop |
| jumping, throwing and catching, as well as | a broader range of skills, learning how to |
| developing balance, agility and co-ordination, | use them in different ways and to link them |
| and begin to apply these in a range of | to make actions and sequences of movement. |
| activities | They should enjoy communicating, |
| | collaborating and competing with each other. |
| | Use running, jumping, throwing and catching |
| | in isolation and in combination. |

Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

| What pupils need to know or do to be secu | ro |
|--|--------------------------|
| Key knowledge and skills | Possible evidence |
| Coordination (Sending and receiving) | Can they use backswing |
| I can send with good accuracy and weight. | and follow through when |
| I can get in a good position to receive. | sending? |
| I can collect the ball safely. | Do they adopt a good |
| With right and left hand, against a wall or with a partner (3 - | 'ready position' (weight |
| 5 metre distance): | on balls of feet, wide |
| 1. I can throw a tennis ball and catch it with the same hand | base)? |
| after I bounce. | Can they keep their eyes |
| 2. I can throw a tennis ball and catch it with the same hand without a bounce. | focused on the ball? |
| 3. I can throw a tennis ball and catch it with the other hand after I bounce. | |
| 4. I can throw a tennis ball and catch it with the other hand | |
| without a bounce. | Do they push off hard |
| 5. I can strike a large, soft ball along the ground with my | with their feet? |
| hand 5 times in a rally. | Can they keep their head |
| | steady and watch the |
| Agility (reaction/response) | ball? |
| I can react and move quickly. | |

I can catch the ball consistently.

I can slow down with control after catching.

From a distance of 1, 2 and 3 metres:

1. I can react quickly and catch a tennis ball dropped from shoulder height after I bounce.

Do they move their feet to get to the ball (rather than stretching)?

Emerging- I can complete some Green Challenges.

- I can perform a single skill or movement with some control.
- I can perform a small range of skills and link two movements together.

Expected- I can complete all Green challenges.

- I can perform a range of skills with some control and consistency.
- I can perform a sequence of movements with some changes in level, direction or speed.

Exceeding- I can complete some red challenges.

 I can select and apply a range of skills with good control and consistency. Do they adopt good 'ready position'?
Do they use footwork to move in line with the ball when receiving?
Can they focus on accuracy and weight when sending?

Tennis

I can hold a tennis racket with some support and show some control when hitting a ball;

I can hit a ball forwards towards a target;

I can throw a ball underarm over a short distance;

I can combine skills to play a modified version of a competitive game against a partner.

Do they show some consistency when hitting a ball that has been thrown to them?
Do they show understanding of the tactic that they have practised and try to

| I can watch a partner and answer some questions about their performance. I can cooperate with others to play a team game, taking an different roles with support. Key vocabulary level, direction, speed, catch, rally, strike, level, direction, speed, pushing, bounce | | apply it in a competitive game? |
|---|--|---------------------------------|
| Common misconceptions | Books linking to this | area |
| | Dream big- On you Women in Sport | r marks set GOLD |
| Memorable first hand experiences | Opportunities for com | munication |
| Skipping rope- How many skips in 30 seconds? Basketball shots- overarm shots in 30 seconds Athletics festival KSI | Emphasis on turn to Supporting sensitive Teaching each other | e feedback. |
| | | |

Dereham Church of England Infant and Nursery Academy Reasonable adjustments for pupils with SEND

| Communication and Interaction | Cognition and Learning |
|--|---|
| Use of pictures/videos/ visual aids Smaller groups or 1:1 support. | Marking out clear boundaries for activities. Activities adapted for safety. Using posters and/or modelling to recap previous learning. |
| Social, Emotional and Mental health Awareness of individual needs, any potential triggers within the curriculum or child's background. Preparing children for activities they may find overwhelming. | Sensory and Physical Offering extra space. Adaptations of balance activities. Opportunities for burning off energy and physical overwhelm. |