



Year group: Year 2 - Summer 2

Area/topic: Changing Me

(objectives from NC/ELG/Development matters)

Before starting this theme, make sure that the RSHE letter has been sent home to parents/carers -see AS].

- -I am starting to understand the life cycles of humans and animals.
- -I can identify the parts of the body that make boys different to girls.
- -I understand that some of my body parts are private.

## Prior learning

## Future learning

I am starting to understand the life cycles of animals and humans. I know that my body will change as I get older and that this change is ok. I know that everyone grows and changes at different rates. I can talk about some things about me that have changed and some things that have stayed the same. I can identify the parts of the body that make boys different to girls [penis, testicles, vagina, vulva, anus]. I respect my body and know which parts are private. I know that as I learn i will change as my body continues to develop and change. I can talk about changes that have happened in my life and changes that will happen soon [going to Year 2]. I can talk about who I can talk to if I am worried about changes and can explain ways in which I can help myself to cope with changes.

I can recognise life cycles in nature. I recognise that there are changes that are outside my control and recognise how I feel about this. I can describe the process of growing young to old and recognise that this is outside of my control. I can talk about people who I respect who are older than me. I can talk about how I and my body have changed since I was a baby and recognise where I am on the continuum of developing young to old. I recognise that boys and girls bodies are different and that some parts of my body are private. I can talk about what I like/dislike about being a boy or girl. I can talk about appropriate/in appropriate touch and know which forms of physical contract I like/don't like. I know that as I grow I am becoming more independent and am proud of this in

myself. I can talk about changes that
will happen in my life and how they make
me feel [moving to Junior School]. I know
who I can talk to if I am worried or have
questions about change and know some
ways of helping myself cope with change.

What pupils need to know or do to be secure		
Key knowledge and skills	Possible evidence	
Outcome: My body, Growing, Changing and Development	Observing children when faced with a challenge.	
School Value: Happiness Philosophical Question: Is change a good or bad thing?	Observing children when they are given a partner task.	
I know that my body changes as I grow. I can talk about some of the life cycles of different animals I can talk about which things about me have changed and which things have stayed the same. I can talk about how my body has changed since I was a baby. I know that growing up is natural and that everybody develops at different rates. I can identify the parts of bodies that make girls different from boys [penis, vagina, testicles, vulva]. I know which parts of my body are private. I know that each time I learn something new, I change a little bit. I can talk about some of the changes that have happened in my life.	Talking to children about what might help them/how they could help themselves.  Role play/drama  Philosophy  During discussion	

I can talk about some ways that I find helpful change.	to cope with
Key vocabulary	
Penis, vagina, anus, vulva, testicles Private parts Develop Life cycle related vocabulary	
Common misconceptions	Books linking to this area
Children may think they can stop bodies from changing or that all bodies develop at the same rate.	You Got This
Memorable first hand experiences	Opportunities for communication
Planning the Leavers Service and talking about memories of this school and looking forward to	During discussion [whole class or small group]

During "Philosophy"

When planning and working in teams

• Planning and working with a partner

During drama

the next phase in their school life.

Having a life cycle box [ladybirds, butterfly, hen

eggs, seeds etc] and charting their growth.

## Dereham Church of England Infant and Nursery Academy Reasonable adjustments for pupils with SEND

Communication and Interaction

simplified steps songs/videos smaller groups

using puppets

"Time to talk" resource [for ASD/children with communication and understanding difficulties].

Cognition and Learning

social stories

real life experiences

songs/videos

smaller groups

using puppets

"Time to talk" resource [for ASD/children with communication and understanding difficulties].

Social, Emotional and Mental health
Visual/practical activities
be aware of home life/experiences
have a trusted adult to talk to them

Sensory and Physical explore ideas with visuals/equipment to reduce the need for vocalised communication [signing]